



# WANT TO HELP the mental health of your community?

## Attend a 12-hour Standard Mental Health First Aid (SMHFA) Course

This course teaches first aid skills for adult members of the public to give initial help to adults experiencing mental health problems, in a mental health crisis situation or in the early stages of a mental illness.

**Where** University of South Australia, Wireless Road West, Mount Gambier SA 5290

**When:** **2 Day course: Wednesday 22 and Thursday 23 September 2021**  
**Time: 8.45am till 3.45pm**

**Instructor** Joan Oldfield

**Cost:** \$75.00; to be paid on registration (closes 15 September 4pm). Registration on the day is not possible. No refund provided after 15 September 2021.

If you're interested in attending this 12-hour SMHFA course,

**Registrations to:** Nel Jans, Coordinator the South East Junction,  
Mental Health Activity and Resource Centre Inc  
**Phone:** 0477 886 450  
**Email:** junctioncoord@gmail.com

**Additional information:** Due to COVID restrictions please bring your own drinks//food.  
Thank you for your understanding.

For further information about  
Mental Health First Aid Australia,  
please visit our website at:  
[www.mhfa.com.au](http://www.mhfa.com.au)



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