

ACTIVITIES AND COURSES

7 December 2021 10am

ARTS & CRAFT

Join us for some fun and creativity

10am till 12 noon



NEXT SESSION

18 JANUARY 2022

CHANGING TRACKS

Venue: 19 Ferrers Street

In partnership with AC CARE and Baptist Care

For more information and registration call

04-77886450 or 08-8721 3500

Changing Tracks for men can help you build stronger, more positive relationships.

Encouraging men to make better choices and learn to communicate in a healthy and safe manner.

REGISTER NOW

MENTAL HEALTH FIRST AID COURSES

Course 1: 9 & 10 February 2022

Course 2: 22 & 23 February 2022

Early bird costs \$75 (paid before 1 January 2022)

After 1 January 2022 costs: \$95

Registrations:

junctiocoord@gmail.com

Venue: Uni SA

Time: 8.45am till 3.45pm

Facilitator: Joan Oldfield



END OF THE YEAR LUNCH

8 December

By invitation only

Our volunteers and participants wish you a great End of the Year.



MILLICENT

Activities on
Tuesday & Wednesday

12pm—3pm

Uniting Church

Corner of Mount Gambier
Road / Short Street

LIFEBOAT SE

www.lifeboatse.com

THE SOUTH EAST JUNCTION

19 Ferrers Street

MOUNT GAMBIER SA 5290

Contact 0477 886 450

Follow us on Facebook "South East
Junction"

or visit our website

www.thesoutheastjunction.org.au

2020 has been a challenging, but rewarding year for the Junction with successful activities and events to improve the mental wellbeing of our communities.

No activities between 10 Dec. 2021 and 16 January 2022